

Debbie Koenig



RECIPES & MENUS

Weekly Meal Plan: September 23–27

Make the most of the lingering last days of grilling season.

September 19, 2019

**RECIPES & MENUS****Weekly Meal Plan: September 16–20**

An easy week of meals to get you through the post-Labor Day listlessness.

September 13, 2019

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Weekly Meal Plan: September 9–13

Any week that ends in nachos is a good week.

September 6, 2019



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Weekly Meal Plan: September 2–6

It's the week of Labor Day—that means grilling. Plus, fast school-night meals.

August 30, 2019



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Weekly Meal Plan: August 26–30

This week, we're transforming kid-friendly ingredients into dishes everyone will fall for.

August 23, 2019



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Weekly Meal Plan: August 19–23

Pounded steak, chickpea salads, and a genius faux burrata—you may not be able to wait until Friday for the burrata.

August 15, 2019



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Weekly Meal Plan: August 12–16

Spend your weekend with the grill—you were going to do that anyway, right?—and you'll have a head start on four out of your five dinners for the week.

August 9, 2019



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Weekly Meal Plan: August 5–9

This week's meal plan features grilled salmon, sweet-and-salty pork, and classic Cuban sandwiches.

August 2, 2019



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Weekly Meal Plan: July 29–August 2

Grilled steak, chicken with cashews, and plenty of avocado.

July 26, 2019



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Weekly Meal Plan: July 22–26

Weeknight ribs, a peppery pasta, and a few magic tricks for five easier-than-ever summer dinners.

July 19, 2019

**RECIPES & MENUS****Weekly Meal Plan: July 15-19**

Foolproof Grilled Fish, Caesar Chicken Sandwiches, and Greek-Style Beans

July 12, 2019

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Weekly Meal Plan: July 8-12

Easy Roast Chicken Thighs, Tender Lamb Chops, and Grilled Cheese Tacos

July 3, 2019



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Weekly Meal Plan: July 1-5

This week, celebrate independence from your sweltering kitchen.

June 27, 2019

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Weekly Meal Plan: June 24–28

Ten minutes of slow cooking on Sunday makes quick work of dinner all week long.

June 20, 2019

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Weekly Meal Plan: June 17–21

Butter-roasted halibut, ginger-grilled chicken, and a spinach-artichoke...sandwich.

June 14, 2019



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Weekly Meal Plan: June 10–14

Soy-braised chicken, beans and greens, and a summery stir-fry—and guess what? Most of it is done in the Instant Pot.

June 7, 2019



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Weekly Meal Plan: June 3-7

Whip up some big-batch recipes on Sunday and Monday and use them in creative dinners later in the week. (Can you say "cheesy pesto crepes"?)

May 30, 2019



RECIPES & MENUS

Weekly Meal Plan: May 27-31

With Southeast Asian-inspired burgers and stir-fried noodles on the menu, deconstructed dumplings provide the building materials for more than one meal.

May 24, 2019



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Weekly Meal Plan: May 19-24

Pork is better basted in butter, and chicken shines when it's braised in a garlicky, gingery yogurt sauce.

May 16, 2019



RECIPES & MENUS

Weekly Meal Plan: May 13–17

Herby shrimp, gingery chicken soup, and cheesesteak calzones.

May 8, 2019

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