



## Special Report

# The Future of Food

How we grow and make our food is already undergoing great change. It will - and must - evolve even more over the next decades in order to preserve our health and our planet.



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## The Future of Food

What (and how) do experts think we'll be eating 30, 40, 50 years from now?

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## In the Future, How Will We Feed Ourselves?

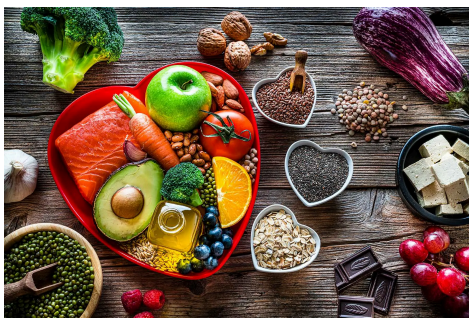
The growing population requires more food. How will food production processes meet the demand?



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## Still Too Soon? Personalized Diets

Research is moving the needle toward precision nutrition -- highly custom diets based on your microbiome or DNA.



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## In the Future, Will You Get Food by n?

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## Food: Just What the Doctor Ordered



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## Ancient Concepts Made New: A Timeline of Food as Medicine



A movement is growing to approach food as if it were literal medicine by tailoring meals to treat specific conditions.

Programs today -- produce prescriptions, medically-tailored meals -- are actually based on concepts from the past.

The concept of using food to treat or prevent illness goes back many years. Here's a timeline of key developments.



Video



Video

## Historical Advances in Food Technology Taste Test: Meat vs. Plant-Based Substitutes

Dating back to prehistoric times, follow the evolution of catching, cooking, and preserving food, from spears and wood-fired ovens to Tupperware.

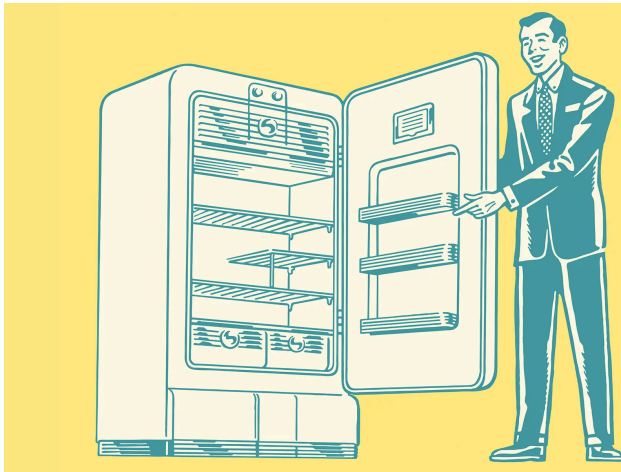
Three taste testers chow down on chicken nuggets, tacos, and cheeseburgers. Can they spot which version is real meat and which one's a plant imposter?



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## How Climate Change Is Affecting Our Food

Weather events can affect our food supply by destroying crops and farmlands, or by triggering swarms of pests like locusts.



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## Looking Back to Look Forward: Milestones in Food Technology

Focusing on food goes back to prehistoric times. Here's a look at significant milestones from ancient times until today.

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## How the Food We Eat Helps Drive Climate Change

Many don't realize that around 30% of global emissions come from the global food system.



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## Food Technology: What's Coming Is Better Than Sliced Bread

Investments in foodtech businesses exploded in 2021 with a record \$12.8 billion invested globally -- twice as much as in 2020.